

Bibliography

Sub - Submission

Art. - Article/Paper/Presentation

Pub - Publication

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ABOUT THE AUTHOR



Cynthia began her research work looking into the cause and management of allergies in the early 1970s. In 1982 she was one of four founding members of 'Bedford Allergy Support Group', which was to remain active and committed for over 20 years. In 2003 she was a leading member of 'Fluoride In Beds' or 'End the FIB', later to become 'Fluoride Free Bedford'. This was a campaigning group to alert the public to the fact that Bedford's water supply was fluoridated and to call for an end to the practice. Between 2013 and 2016 this group regularly attended Bedford Borough Council Meetings to ask questions and highlight the fluoridation issue. In 2016, councillors unanimously voted to permanently discontinue fluoridation in Bedford.

Cynthia trained as a junior school teacher but has also taught nursery children, infants and adolescents with disabilities. When she retired from teaching she retrained as a masseuse and ran a business with three colleagues for over ten years. She is married and has three children of her own and six grandchildren.

Synopsis of book

In this carefully researched book, an impressive body of scientific evidence and opinion, from throughout the world, has been assembled, to describe the impact of fluoride on our health and well-being. It charts how big business and corporate greed has enabled the damaging aspects of fluoride in our water supplies and tooth products, to go unchallenged by the autocracy and main stream media.

This book is full of essential and useful information about teeth and exposes, not only the use of fluoride, but other aspects of dentistry's hidden secrets that people will benefit from knowing. The historical and current battle, over the use of the dental metal tooth filling, 'amalgam fillings', containing mercury, is highlighted.

Critical questions are answered throughout the book with the author taking the reader on a voyage of discovery, revealing how the internal struggles within dentistry, impacts us all, for better or worse. It shows how people from all walks of life, particularly scientists and doctors, have been locked in a seemingly unending major conflict with big businesses and government organizations. It tells the story of personal courage, sacrifice and devotion of many men and women who are only concerned with telling the truth.